

# HEALTH RETREATS



If you are looking to recharge your batteries, gain some motivation to reach your health and wellness goals or would like to kick start your health journey, book in for a 1, 3 or 5 Day Health Retreat!

Delicious, creative meals are provided, along with morning bush walks, one on one personal training, yoga, meditation, rest time and pampering in the day spa, providing the perfect routine to make you feel balanced and rejuvenated.

*Leave feeling restored and focused*



# THE PERFECT GIFT



## Gift Certificates

Purchase a gift certificate on our website for your loved one.



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E [info@brookleigh.com.au](mailto:info@brookleigh.com.au)

[www.brookleighbeautyandspa.com.au](http://www.brookleighbeautyandspa.com.au)

  Brookleigh Beauty and Spa

**afterpay**

In Salon Afterpay Available



# DAY SPA & RETREATS





*Health and Spa at Brookleigh offers a unique experience, surrounding you in a peaceful, beautiful environment while being only 25 minutes from the CBD.*

Set in the beautiful grounds of one of Australia's most beautiful Equine properties, is the French inspired chateau, housing the Luxury Apartments and Day Spa and setting the backdrop for wedding functions. From the moment you drive through the gates, walk down the jacaranda lined drive, you leave the rest of the world behind.



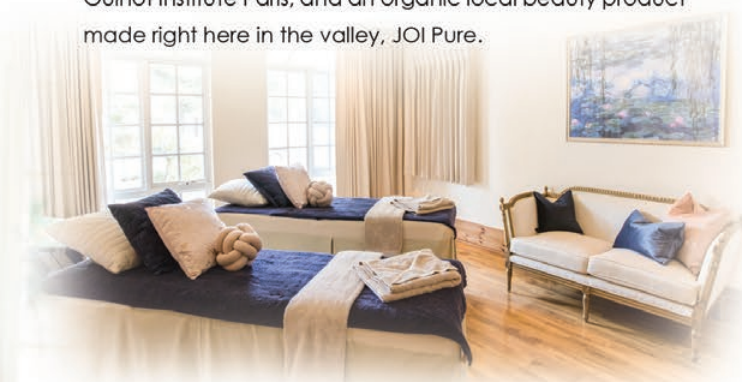
*"I just can't believe it, you feel like you are sitting on the other side of the world, it is so picturesque."*

## DAY SPA

The Day Spa is ideal if you are wanting to unwind, relax or catch up on some me time. Come by yourself for some indulgent personal time, or bring a loved one for a romantic couples package.

Health and Spa at Brookleigh caters to many group parties including Bridal and Hens parties, corporate bookings or a ladies days with your best friends.

Our Day Spa combines the best products science and nature have to offer with world renowned salon brand Guinot Institute Paris, and an organic local beauty product made right here in the valley, JOI Pure.



## PACKAGES

Indulge in a Half Day or Full Day Spa Package that includes lovely refreshments, lunch, glass of wine and relaxation in the spa gardens with use of our pool. Choose from our extensive list of packages or speak to one of our talented therapists to create a customised experience that is perfect for you or to be gifted to a loved one.

\*Pool is seasonal

**GUINOT** **JOI PURE**  
INSTITUT • PARIS



## ACCOMMODATION

*In the beautiful Swan Valley*

Keep the romance going and spend more time in your room and less in the car by booking in for your 'staycation' only 30 minutes from Perth. Our Spoil Yourself Couples Retreat Package, Date Night, Anniversary and Honeymoon Packages include luxury accommodation, pampering, meals and local delights.



## GIRLS GETAWAY

*In the Gatehouse*

Get the girls together & celebrate that milestone birthday or any excuse that you can think of for a night away! Receive 1 hour of pampering in the day spa, lunch, use of the pool, chocolates and bubbly and stay the night in your own private Cottage! Prices start at \$260pp for 6 guests.

